

Mohan Ashtakala is an initiated Hindu Vaishnava priest and has lived in yoga ashrams across India. His goal is to expose the authentic narratives of the Yoga tradition through the medium of modern page-turning novels.

He edited a monthly newspaper in Denver, Colorado, for thirteen years and has been published in the *Denver Post*, the *Himalayan News*, and other newspapers and magazines.

He has organized conferences on science and spirituality and has presented at interfaith gatherings, diversity conferences and at various churches and schools.

Mohan was born in India and was brought to Canada when he was just ten. He has lived in many cultures; North Indian, South Indian, French Canadian, English Canadian and American. He even spent two years in a remote Inuit (Eskimo) community on the shore of the eastern Arctic Ocean.

Mohan currently lives in Calgary, Canada with his wife Anuradha, son Hrishi, daughter Gopi, and Lila, the family's Boston Terrier. He can sometimes be spotted absent-mindedly chanting mantras in the city's parks.